



MOCKTAIL TRAIL

Non-alcoholic beverages, zero-proof cocktails, or temperance drinks. Whatever you call them, mocktails have gone mainstream. On a quest to find the best mocktail in Birmingham? Here's your guide.

Downtown

CAYO COCO RUM BAR & RESTAURANTE

2015 1st Ave N, Bham 35203

205.290.5115

cayococorumbar.com

For a taste-filled tropical treat, try Cayo Coco's NA version of Lime In the Coconut.

HELEN

2013 2nd Ave N, Bham 35203

205.438.7000

helenbham.com

Try Resolution of a Kind, featuring a refreshing mix of cranberry, clove, cardamom, and floral citrus.

NEON MOON

2316 2nd Ave N, Bham 35203

neonmoonbham.com

Neon Moon's selection of mocktails is one of the best around. Cool Hand Cuke is at the top of our list.

PAPER DOLL POP

2320 1st Ave N, Bham 35203

205.201.5005

www.paperdollpop.com/

Mocktails your way: Tell the bartenders what kind of NA drink you want, and they'll come up with an amazing drink for you.

PAUL & TINA'S AT THE ESSENTIAL

2215 1st Ave N, Bham 35203

.205.718.7612

essentialbham.com/paul-tinas

You can't miss with a tasty pineapple, cranberry, and lime treat, especially when it's called Beach Club.

PILCROW COCKTAIL CELLAR

2015 1st Ave N, Bham 35203

205.502.7600

pilcrowbham.com

Known for fresh fruit/herb NA concoctions, Pilcrow is home to the popular Staycation mocktail.

PINK LANTERN

2400 1st Ave N, Bham 35203

pinklanternbhm.com

Fool Me Twice, a tantalizing blend of spicy ginger beer, cantaloupe, pineapple, and lemon, is a Pink Lantern classic.

POGO COCKTAIL BAR

2309 1st Ave N, Bham 35203

armour-house.com/pogo

Mocktail options include Honey Pot (made with passion honey) and Banana Mai Tai (contains zero-proof rum). Don't they sound yummy?

Southside/Five Points South

BOTTEGA CAFÉ

2240 Highland Ave, Bham 35205
205.939-1000
bottegarestaurant.com

Try the tart sweetness of Bottega's Blood Orange Hiball (blood orange shrub and honey), or Flightless Bird, a fruity pineapple and pomegranate drink.

CHEZ FONFON

2007 11th Ave, S, Bham 35205
fonfonbham.com

Go simple with Citron Presse, a mix of fresh orange and soda, or French 86, a sophisticated blend of seedlip spice 94, honey, lemon, and tonic.

MONDAY NIGHT BREWING

14 12th St S, Bham 35233
404.352.7703
mondaynightbrewing.com/location/social-club

Zero-proof your visit to Monday Night Brewing with a Mellow Mango, sweetened with marshmallow.

THE FENNEC

1630 2nd Ave S, Bham 35233
659.208.2480
thefennecbham.com

A menu of handcrafted cocktails leaves the door wide open for handcrafted mocktails, too. Ask for your favorite in a zero-proof version.

TASTY TOWN

16 14th St S, Bham 35233
205.855.7750
eattastytown.com

A refreshing Grapefruit & Elderflower mocktail? Yes, please!

TUCANA TIKI BAR

1145 1st Ave, S, Bham 35233
tuscanatiki.com

From the fruity sweetness of Down In the Islands to the bitterness of Bitter Is Better, this is where you'll find a mocktail for every taste.



Avondale/Crestwood

PARKSIDE ON FIFTH

4036 5th Ave S, Bham 35222
205.595.0920
parksideonfifth.com

Get your “yum” on with Whistler’s Mother, a tasty concoction of hibiscus and agua fresca.

Lakeview/Forest Park

JUNIPER

3811 Clairmont Ave S, Bham 35222
205.777.3112
juniperbham.com/

Mix butterfly pea flower with coconut, pineapple, and lemon soda, and you’ve got Juniper’s Bird of Paradise, a striking blue mocktail that tastes as good as it looks.

EL ROYALE CAFE

2910 6th Ave S, Bham 35233
205.961.3345
elroyalecafe.com

Roots Divino (a Greek non-alcoholic vermouth), cucumber, lemon, and soda combine to create El Royale’s signature Garden Club mocktail.

MAYAWELL AGAVE SPIRITS & COCKTAILS

2900 4th Ave S, Birmingham
205.957.4485
mayawellbar.com

For margarita lovers on the wagon, there’s Mayawell’s N/A Margarita with zero-proof tequila. Choose a strawberry, seasonal, spicy, or classic drink.

Hoover, Vestavia & Cahaba Heights

CULINARY DROPOUT

241 Summit Blvd, Bham 35243
205.545.4730
culinarydropout.com

For a unique blend of pineapple and mint with a jalapeno kick, try the Vida Verdita.

Mountain Brook

LITTLE BETTY STEAK BAR

321 Rele St, Mountain Brook 35223
205.834.8674
littlebettysteakbar.com

For a kickin’ zero-proof cocktail, try the Sinaloa Sunrise, laced with habanero brown sugar syrup.

KEY CIRCLE COMMONS

2010 Cahaba Rd, Mountain Brook, AL 35223
kccbham.com

On their zero proof N/A menu, try the Cinderfall, their take on an espresso drink and the Epilogue, a drink for the aperol spritz lovers.

Homewood

IRONWOOD KITCHEN

2727 18th Street S, Hwd 35209
205.354.0171
ironwoodrestaurant.com

“Zero-proof, all the flavor” is how Ironwood bills its signature Magic City Spritz, a flavorful concoction of strawberry rhubarb syrup, ginger beer, and lemon.

SOHO SOCIAL

1830 29th Ave S, Hwd 35209
205.423.8080
sohohomewood.bar

Though Soho Social has no dedicated mocktail menu, its signature cocktails become spirit-free mocktails upon request.

THE CASUAL PINT OF THE GROVE

5541 Grove Blvd, Hoover 35226
205.783.1108
thegrove.thecasualpint.com

Stop by and give one of the rotating selections of non-alcoholic craft beers a try.